



2024 - 2025

ILCA 7, ILCA 6 AND ILCA 4

NSW & ACT STATE MASTERS CHAMPIONSHIPS

1st-2nd February 2025

South Lake Macquarie Amateur Sailing Club

The Organising Authority is ILCA NSW & ACT District Association in conjunction with the South Lake Macquarie Amateur Sailing Club SLMASC

SAILING INSTRUCTIONS

1. RULES

The Regatta will be governed by:

- a. The Racing Rules of Sailing 2025-2028;
- b. The Prescriptions of Australian Sailing;
- c. Part 2 of the Special Regulations of Australian Sailing; and
- d. The rules and by-laws of the International Laser Class Association (ILCA).
- e. RRS Appendix T, Arbitration, will apply.

2. ELIGIBILITY AND ENTRY

- 2.1 Entries shall be lodged in accordance with NoR Clause 3.
- 2.2 All competitors shall complete registration with the Organising Authority.
- 2.3 All competitors shall be current financial members of a district of the ILCA and of a yacht or sailing club affiliated with a National Authority. For competitors eligible for ILCA NSW & ACT membership this membership is included in the entry fee for this event.
- 2.4 Eligibility for all age groups shall be age on 1st February 2025.

3. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Regatta Notice Board located in the upstairs club room of SLMASC.

4. CHANGES IN SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted at least two hours before the first race on the day it will take effect, except that any change in the schedule of races will be posted by 1900 on the day before it will take effect.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at the SLMASC flag mast.

5.2 When flag AP is displayed ashore, "one minute" is replaced with "not less than 30 minutes" in race signal AP.

6. SCHEDULE OF RACES

6.1 Races are scheduled as follows:

Day	Date	Activity and Time
Saturday	1 Feb 25	First Warning Signal at 1330 hours. Subsequent starts shall be made ASAP after the preceding race
Sunday	2 Feb 25	First Warning Signal at 1200 hours. Subsequent starts shall be made ASAP after the preceding race

6.2 A maximum of six races are planned to be conducted for the Championship.

6.3 No Warning Signal shall be made after 1630 hours Sunday 2nd February 2025.

7 FLEETS

7.1 The ILCA 7 and ILCA 4 classes will sail as a fleet, the ILCA 6 Grand Masters, Masters and Apprentice Masters will sail as a fleet and the ILCA 6 Great Grand Masters and Legends will sail as a fleet.

7.2 The Race Committee may decide to change the fleet structures based on numbers. Any decision of the Race Committee regarding changes to divisions shall be communicated as a Notice to Competitors.

8 FLEET FLAGS

8.1 The ILCA 7 and ILCA 4 fleet flag will be a white flag with an ILCA emblem.

8.2 The ILCA 6 Grand Masters, Masters and Apprentice Masters fleet flag will be a green flag with an ILCA emblem over a blue flag.

8.3 The ILCA 6 Legends and Great Grand Masters fleet flag will be a green flag with an ILCA emblem over a yellow flag.

9 RACING AREA

The racing area will be on the waters of Lake Macquarie in the vicinity of SLMASC.

10 COURSES

See Attachment A.

11 MARKS

11.1 Marks 1, 4S and 4P will be yellow inflatable cylinders.

11.2 Mark 1A will be an orange cherry buoy.

11.3 Marks 2, 3S and 3P will be pink inflatable cylinders.

11.4 Mark 5 will be a white inflatable cylinder.

11.5 The Start Mark will be a red inflatable cylinder.

11.6 The Finish Mark will be a blue inflatable cylinder.

12 THE START

12.1 For Race One the order of starts will be ILCA 4 and then ILCA 6 and ILCA 7 fleets. The subsequent order of starts will be at the discretion of the Race Officer.

- 12.2 Succeeding fleets may be started any time after the preceding fleet.
- 12.3 The starting line will be between the flag mast displaying an orange flag on the race committee boat at the starboard end and the port end Start Mark.
- 12.4 Boats who's Warning Signal has not been made shall avoid the starting area during the starting sequence for other divisions.
- 12.5 A boat starting later than 4 minutes after her starting signal will be scored "Did Not Start". This amends rule A5.1 and A5.2.

13 **CHANGE OF COURSE**

To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.

14 **THE FINISH**

The finishing line will be between a flag mast displaying a blue flag on the race committee boat at the port end and the starboard end Finish Mark.

15 **RETIREMENT**

- 15.1 A competitor who retires from a race, either before or after finishing, shall:
- notify the Race Committee aboard a race committee boat; and
 - sign off before the end of Protest Time.

16 **TIME LIMIT**

- 16.1 The time limit for the first boat to complete the course and finish correctly in each fleet will be 90 minutes.
- 16.2 Boats failing to finish within 20 minutes after the first boat of the same fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A5.1 and A5.2.
- 16.3 If no boat has rounded the first mark within 30 minutes from the start the race will be abandoned.

17 **PROTESTS AND REQUEST FOR REDRESS**

- 17.1 Protests shall be written on forms available from the race office. Protests shall be delivered there within the protest time limit.
- 17.2 The protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 17.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of the hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located in the clubhouse. The Protest Committee will hear protests in approximately the order of receipt and as soon as possible.
- 17.4 Notices of protests by the race committee or protest committee will be posted to inform boats under RRS 60.2(d).
- 17.5 Breaches of Instructions 12.4, 19, 22, 23 and 24 will not be grounds for a protest by a boat. This changes Rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.

18 **SCORING**

- 18.1 Six races are scheduled, of which three shall be completed to constitute a series.
- 18.2 When four or more races are completed, the worst will be discarded.
- 18.3 All age and gender divisions will be awarded based on the ranking of competitors in the overall results.

19 **SAFETY REGULATION, SIGNING ON AND SIGNING OFF**

- 19.1 Competitors shall sign on each day and sign off before the end of protest time.

- 19.2 Sign on and off will be online via URL <https://tinyurl.com/lasersignonoff>. This can be access by clicking the link or scanning the Quick Response (QR) Code below.
- 19.3 Competitors can use a PC provided for the purpose at SLMASC club to access the sign on/off link.



- 19.4 Boats failing to comply with Instruction 19.1 shall receive a five point penalty (but no boat is to be scored worse than DSQ) in the race held closest to the indiscretion without a hearing. This changes Appendix A4.2.

20 **REPLACEMENT OF EQUIPMENT**

Substitution of damaged or lost spars, boards, sail or hull will not be permitted unless approved by the Race Committee. Requests for substitution shall be made in writing to the committee at the first reasonable opportunity.

21 **EQUIPMENT AND MEASUREMENT CHECKS**

A boat or equipment may be inspected at any time for compliance with the ILCA Class Rules and Australian Sailing Special Regulations, Part 2 for Off the Beach Boats.

22 **SUPPORT BOATS**

Team leaders, coaches and other support personnel shall stay 100 metres outside areas where boats are racing from the time of the preparatory signal until all boats have finished or retired or the Race Committee signals a postponement, general recall or abandonment, unless exception is granted by express authority from the Race Committee.

23 **RUBBISH DISPOSAL**

No rubbish is to be dumped into the water. All rubbish is to be handed to official boats or taken ashore.

24 **RADIO COMMUNICATION**

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

25 **PRIZES**

Cubes will be awarded in accordance with the ILCA By-Laws. Other prizes may also be awarded at the discretion of the organisers.

26 **DISCLAIMER OF LIABILITY**

Competitors participate in the Regatta entirely at their own risk. See RRS Rule 4, Decision to Race. The Organising Authority will not accept any liability for material damage, or personal injury or death sustained in conjunction with or prior to, during, or after the Regatta. Attention is drawn to Clause 15 of the Notice of Race.

27 **INSURANCE**

Each participating boat shall be insured with a valid third-party liability insurance with a minimum cover of AUS \$10,000,000.

INSTRUCTION 10 COURSES

- 10.1 The Course (as described in Table 1 below) shall be displayed on a board on the stern of the start boat, before or with the Warning Signal.
- 10.2 All marks shall be rounded to port, except that where there is a gate mark, boats shall pass between the gate marks from the direction of the previous mark and round either gate mark.
- 10.3 The indicative course layout is shown in Illustration 1. The diagram is approximate only, is not to scale, and does not override any other Instructions.

Course	Course Description
I2	Start – 1 – 1A – 4S/4P – 1 – 2 – 3S/3P – 5 – Finish
I3	Start – 1 – 1A – 4S/4P – 1 – 1A – 4S/4P – 1 – 2 – 3S/3P – 5 – Finish
I4	Start – 1 – 1A – 4S/4P – 1 – 1A – 4S/4P – 1 – 1A – 4S/4P – 1 – 2 – 3S/3P – 5 – Finish
O1	Start – 1 – 2 – 3S/3P – 5 – Finish
O2	Start – 1 – 2 – 3S/3P – 2 – 3S/3P – 5 – Finish
O3	Start – 1 – 2 – 3S/3P – 2 – 3S/3P – 2 – 3P/3S – 5 – Finish
O4	Start – 1 – 2 – 3S/3P – 2 – 3S/3P – 2 – 3S/3P – 2 – 3S/3P – 5 – Finish

Table 1 – Courses and Course Descriptions**Illustration 1. Course Layout**

