



2012 - 2013

LASER, LASER RADIAL AND LASER 4.7 NSW AND ACT METROPOLITAN CHAMPIONSHIP

9th and 10th March 2013

The Royal Prince Alfred Yacht Club

**The Organising Authority is the NSW & ACT District Laser Association
in association with Royal Prince Alfred Yacht Club**

SAILING INSTRUCTIONS

1. RULES

The Regatta will be governed by the 2013-2016 Racing Rules of Sailing, the Yachting Australia Prescriptions and Part 2 of the 2009-2012 Special Regulations of Yachting Australia, the rules and by-laws of the International Laser Class Association (ILCA), the Notice of Race (all as amended by these Sailing Instructions) and the these Sailing Instructions.

2. ALTERATIONS TO THE RACING RULES

- 2.1 Race Signal AP when displayed ashore is amended so that the Warning Signal will be made not less than 30 minutes after removal.
- 2.2 Rule 35 and A4.1 are amended so that all boats not finishing within the time limit shall be scored DNF.
- 2.3 Rule 60.2 is amended in that the Race Committee shall be represented by the Race Officer or their nominated representative.
- 2.4 Rule 66 is amended so that on the last race day of the Championship, a request to re- open a hearing shall be made within the protest time limit or within 30 minutes of being informed of the decision, whichever is the latest.

3. ELIGIBILITY AND ENTRY

- 3.1 Entries shall be lodged in accordance with NoR 3.
- 3.2 All competitors shall complete registration with the Organising Authority. Registration will be held in the Regatta Office of The Royal Prince Alfred Sailing Club (RPAYC) from 0930-1130hrs Saturday 9th March, 2013.
- 3.3 All competitors shall be current financial members of a district of the ILCA and of a yacht or sailing club affiliated with a National Authority.
- 3.4 Eligibility for age group divisions shall be the competitor's age on 9th March 2013.

4. NOTICES TO COMPETITORS

Notices to competitors will be posted on the official Regatta Notice Board located adjacent the Sailing Office in the main club house at RPAYC.

5. CHANGES IN SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted at least two hours before the first race on the day it will take effect, except that any change in the schedule of races will be posted by 1900 on the day before it will take effect.

6. SIGNALS MADE ASHORE

- 6.1 Signals made ashore will be displayed at the RPAYC flagmast located in front of the main building of RPAYC.
- 6.2 When flag AP is displayed ashore, "one minute" is replaced with "not less than 40 minutes" in race signal AP.

7. SCHEDULE OF RACES

- 7.1 Races are scheduled as follows:

Event	Day	Date	Time
Registration	Saturday	9 Mar 13	0930 – 1130hrs – Regatta Office at RPAYC
Briefing	Saturday	9 Mar 13	1130 hours – Halyards (RPAYC)
Racing	Saturday	9 Mar 13	First Warning Signal at 1330 hours. Subsequent starts shall be made ASAP after the preceding race
Post Racing	Saturday	9 Mar 13	Post race analysis Halyards Bar and Bistro RPAYC
Racing	Sunday	10 Mar 13	First Warning Signal at 1100 hours. Subsequent starts shall be made ASAP after the preceding race
Presentation	Sunday	10 Mar 13	Presentation Halyards RPAYC, ASAP Post racing

- 7.2 A maximum of six races are to be conducted for the Championship.
- 7.3 No Warning Signal shall be made after 1530 hours Sunday 10 March 2013.

8. FLEETS

- 8.1. The Laser Standard division will sail as one fleet.
- 8.2. The Laser Radial division will sail as one fleet.
- 8.3. The Laser 4.7 division will sail as one fleet, providing there are more than five entries. Otherwise they will sail with the Laser Radial division.
- 8.4. The Race Committee may decide to change the fleet structures based on numbers. Any decision of the Race Committee regarding changes to divisions shall be communicated as a Change to Sailing Instructions.

9. FLEET FLAGS

- 9.1. The Laser Standard fleet flag will be a white flag with a red Laser emblem.
- 9.2. The Laser Radial fleet flag will be a green flag with a red Laser emblem.
- 9.3. The Laser 4.7 fleet flag will be a yellow flag with a 4.7 emblem.

10. RACING AREA

The racing area will be the waters of Pittwater north of Scotland Island.

11. COURSES

See Attachment A.

12. AREAS THAT ARE OBSTRUCTIONS

While racing, the area between any registered moorings and the adjacent shoreline shall be considered PROHIBITED WATER, and therefore an obstruction.

13. MARKS

- 13.1. Marks 1 and 4 will be red inflatable cylinders.
- 13.2. Marks 2 and 3 will be orange cylinders.
- 13.3. Mark 5 will be a yellow cylinder.
- 13.4. Mark 1A will be a fluoro green inflatable cherry buoy.
- 13.5. The Start Mark will be a green inflatable cylinder.
- 13.6. The Finish Mark will be a black and white chequered inflatable cylinder.
- 13.7. A new mark, as provided in Instruction 14.1, will be an orange inflatable cylinder with a black band.
- 13.8. A Race Committee boat signalling a change of a leg of the course is a mark as provided in Instruction 15.2.

14. THE START

- 14.1. The order of starts for Race 1 will be the Laser 4.7 division (if sailing as a separate division as per Instruction 7.3), followed by the Laser Radial division, and followed by the Laser Standard division. This may be amended for subsequent races by the Race Officer.
- 14.2. Succeeding fleets may be started any time after the preceding fleet.
- 14.3. The starting line will be between the flag mast displaying an orange flag on the race committee boat at the starboard end and the port end Start Mark.
- 14.4. Boats who's Warning Signal has not been made shall avoid the starting area and all boats who's Warning Signal has been made.
- 14.5. A boat starting later than four minutes after her starting signal will be scored "Did Not Start". This amends rule A4.1.

15. CHANGE THE NEXT LEG OF THE COURSE

- 15.1. To change the next leg of the course the Race Committee shall lay a new mark (or move the Finish Line) and remove the original mark as soon as practicable. When, in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 15.2. Boats shall pass between the race committee boat signalling the change of the next leg and the nearby mark, leaving the mark to port¹ and the race committee boat to starboard². This changes rule 28.1.

16. SHORTENING COURSE

The course may be shortened in accordance with RRS 32. Amends Instruction 16.

17. THE FINISH

The finishing line will be between a flag mast displaying an orange flag on the race committee boat at the port end and the starboard end Finish Mark.

18. TIME LIMIT

- 18.1. The time limit for the first boat to complete the course and finish correctly in each fleet will be 90 minutes.
- 18.2. Boats failing to finish within 20 minutes after the first boat of the same fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A4 and A5.

19. PROTESTS AND REQUEST FOR REDRESS

- 19.1. Rule 60.2 is amended in that the Race Officer or their nominated representative shall represent the Race Committee.
- 19.2. Protest forms are available at the RPAYC Sailing Office. Protests are to be delivered there within the protest time limit.
- 19.3. The protest time limit is 60 minutes after the last boat has finished the last race of the day. The same time limit applies to protests by the race committee and protest committee about incidents they observe in the racing area, and to requests for redress. This changes rules 61.3 and 62.2.
- 19.4. Notices shall be posted within 15 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses, the order of hearings and the time of the first hearing.
- 19.5. Notices of protest by the race committee or protest committee will be posted to inform boats under rule 61.1 (b).
- 19.6. Breaches of Instructions 13.4, 20, 21, 23 and 24 shall not be grounds for protest by a boat. This changes rule 60.1 (a).
- 19.7. The Protest Committee may make any determination in respect of penalties for a breach of a rule other than in Part 2.
- 19.8. On the last day of the Championship a request for reopening of a hearing shall be delivered: within the protest time limit if the party requesting reopening was informed of the decision on the previous day; or no later than 30 minutes after the party requesting the reopening was informed of the decision on that day. This changes rule 66.

¹ To starboard if a starboard hand course has been signalled

² To port if a starboard hand course has been signalled

20. SCORING

- 20.1. Three (3) completed races are required to constitute a series.
- 20.2. When four (4) or more races are completed, the worst will be discarded.
- 20.3. All divisions will be scored as part of their fleets.

21. SAFETY REGULATION, SIGNING ON AND SIGNING OFF

- 21.1. Competitors shall sign on each day, and sign off before the end of protest time, either at the Registration desk at RPAYC or by SMS sent to 0427 146 400. SMS sign on or off shall include in the message the boat number and helmspersons name.
- 21.2. Failure to sign on or off may result in the competitor being awarded a penalty, without hearing, of up to and including disqualification from all races on the day in question.
- 21.3. A boat that retires shall notify an Official boat or the Race Office. The helmsperson shall sign off at the first reasonable opportunity.

22. REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost spars, boards, sail or hull will not be permitted unless approved by the Race Committee. Requests for substitution shall be made in writing to the committee at the first reasonable opportunity.

23. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the ILCA Class Rules and Yachting Australia Special Regulations, Part 2 Off The Beach Boats.

24. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

25. PRIZES

- 25.1. Prizes will be awarded to the winners of each Division.
- 25.2. Other prizes may also be awarded at the discretion of the Organising Authority.

26. DISCLAIMER OF LIABILITY

- 26.1 All those taking part in this Regatta do so at their own risk and responsibility. Attention is drawn to RRS Fundamental Rule 4 Decision to Race "A boat is solely responsible for deciding whether or not to start or to continue racing". The NSW and ACT District Laser Association, Royal Prince Alfred Yacht Club, their officers, and the Regatta officials, volunteers and sponsors do not accept any liability for the material damage or personal injury or death sustained in conjunction with or prior, during or after the regatta. Royal Prince Alfred Yacht Club and/or the NSW and ACT District Laser Association reserve the right to refuse an entry.

27. INSURANCE

Each participating boat shall be insured with a valid third party liability insurance with a minimum cover of AUS \$10,000,000.

28. CAR AND TRAILER STORAGE

All cars and trailers are to be stored in the RPAYC Crystal Bay Carpark. Crystal Bay Carpark is accessible from 0800hrs. See attached Map.

Attachment:

- A. Instruction 10 - Courses
- B. Crystal Bay Car Park and RPAYC Map

Attachment A to
2012-2013
NSW and ACT Metropolitan Championship
Sailing Instructions

INSTRUCTION 10 COURSES

- 10.1 The Course Designator (as described in Table 1 below) shall be displayed on a board on the stern of the start boat, before or with the Warning Signal.

Course Designator	Course Description
I2	Start – 1 – 1A – 4 – 1 – 2 – 3 – 5 – Finish
I3	Start – 1 – 1A – 4 – 1 – 1A – 4 – 1 – 2 – 3 – 5 – Finish
O1	Start – 1 – 2 – 3 – 5 – Finish
O2	Start – 1 – 2 – 3 – 2 – 3 – 5 – Finish
O3	Start – 1 – 2 – 3 – 2 – 3 – 2 – 3 – 5 – Finish

Table 1 – Course Designators and Course Descriptions

- 10.2 A red flag displayed before or with the Warning Signal indicates that all marks shall be rounded to port. A green flag displayed before or with the Warning Signal indicates that all marks shall be rounded to starboard.
- 10.3 The indicative course layout is shown in Illustration 1. The diagram is approximate only, is not to scale, and does not override any other Instructions. The port rounding layout is shown. The starboard rounding course will be the mirror image, except the Start and Finish lines shall remain in the same position as displayed in this diagram.

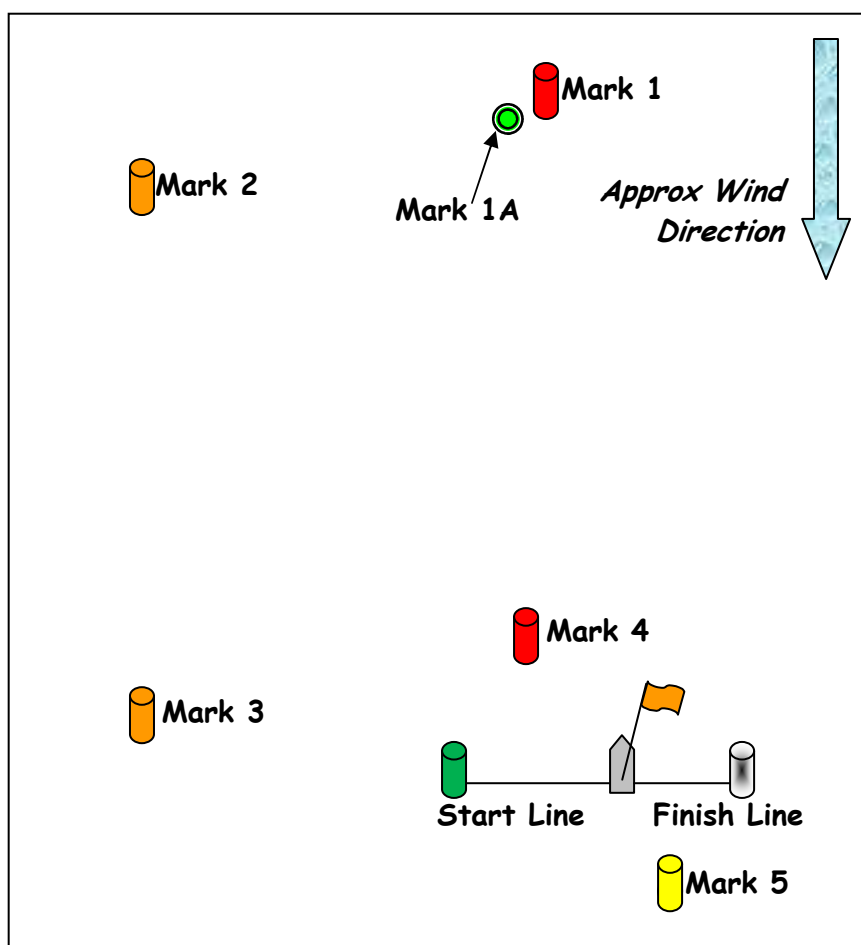


Illustration 1. Indicative Course Layout

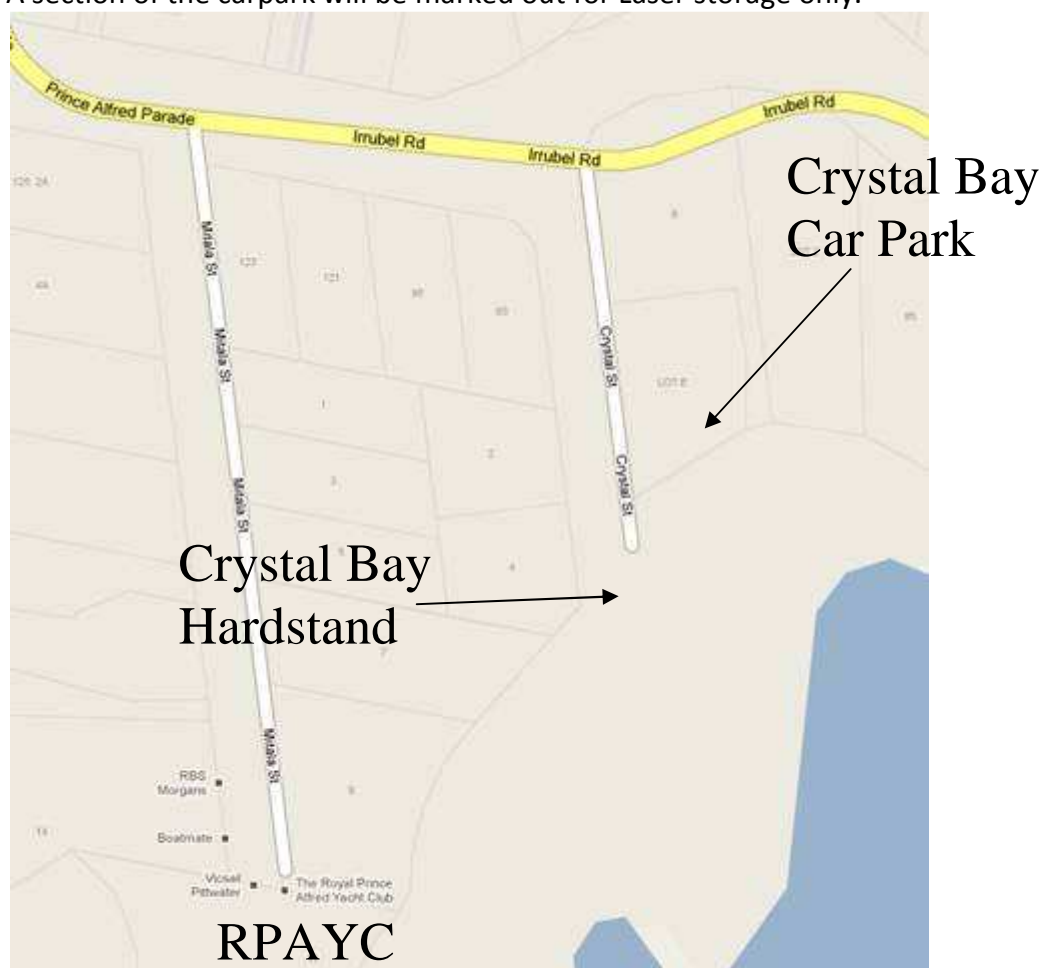
2012-13 Laser Metropolitan Championship 2013 – Competitor Guide

Social Schedule

Approx timing	Function	Location
Saturday, 9th March		
0930 hrs	Registration	Regatta Office
0800 – 1130 hrs	Halyards Open for Breakfast	Halyards Bar & Bistro
1130 hrs	Competitor Briefing	Halyards
1100 – 1500 hrs	Halyards open for Lunch	Halyards
1330 hrs	First Warning Signal	
	Post Race Analysis Happy Hour, after racing.	Halyards Bar & Bistro (Happy Hour 7-8pm)
1500 – 2000 hrs	Halyards open for Post Race Snacks and Dinner	
Sunday, 10 th March		
0800 - 1130 hrs	Halyards Open for Breakfast	Halyards
1100 hrs	First Warning Signal	
1630 hrs (asap after racing)	Post Race Analysis & CYO	
	Sausage Sizzle	
	Presentation	Halyards

Parking at RPAYC

Parking & storage (and all trailer parking) is available at Crystal Street Car Park, to gain access contact Reception (0800-1700hrs) via the intercom at the boomgate. Auto-out gate. A section of the carpark will be marked out for Laser storage only.



GENERAL INFORMATION

Club House Facilities

Bistro/Bar trading hours: Saturday & Sunday breakfast is available from Halyards Bistro from 0800-1100hrs. Lunch Rolls can be purchased from 0930hrs and Halyards Bistro will be open for snacks and drinks post racing.

Lockers – Lockers are available to competitors for the duration of the event. See reception.

Showers – are situated on the ground floor past the reception desk.

Toilets – Women's and men's toilets are situated on the ground floor past reception.

Trading Hours – Reception hours are from 0800-1800hrs.

Surrounding Facilities

General Shopping – the main Newport shopping area, located on Pittwater Rd (about a 5 minute drive east of the RPAYC) has a large variety of shops including a Coles supermarket, chemists, restaurants, clothing stores, service station and more.

Supermarket – Coles supermarket is located at the north end of the Newport shops on Pittwater Road.

Transport

Bus services – Sydney Buses provides bus services around the Northern Beaches and wider Sydney region. See below for local L90 route details. Visit the website at www.131500.com.au or call 131 500 for more detailed route information.

Taxis

Pick up from anywhere on the Northern Beaches.

Manly Taxis (Northern Beaches service) – 131 668

Taxis Combined – 133 300

Buses

The Sydney Buses L90 service runs in two directions from the Newport Arms Hotel (roughly a 10 minute walk around Crystal Bay from the RPAYC). The route travels north to Palm Beach and south all the way to Central in the CBD. Buses generally come every half an hour, however check timetable online or at bus stop for more information outside of busy operating hours.

Signing into the club

All competitors are required to sign in as a temporary member of the RPAYC, a regatta pass is available for the period of the championship.

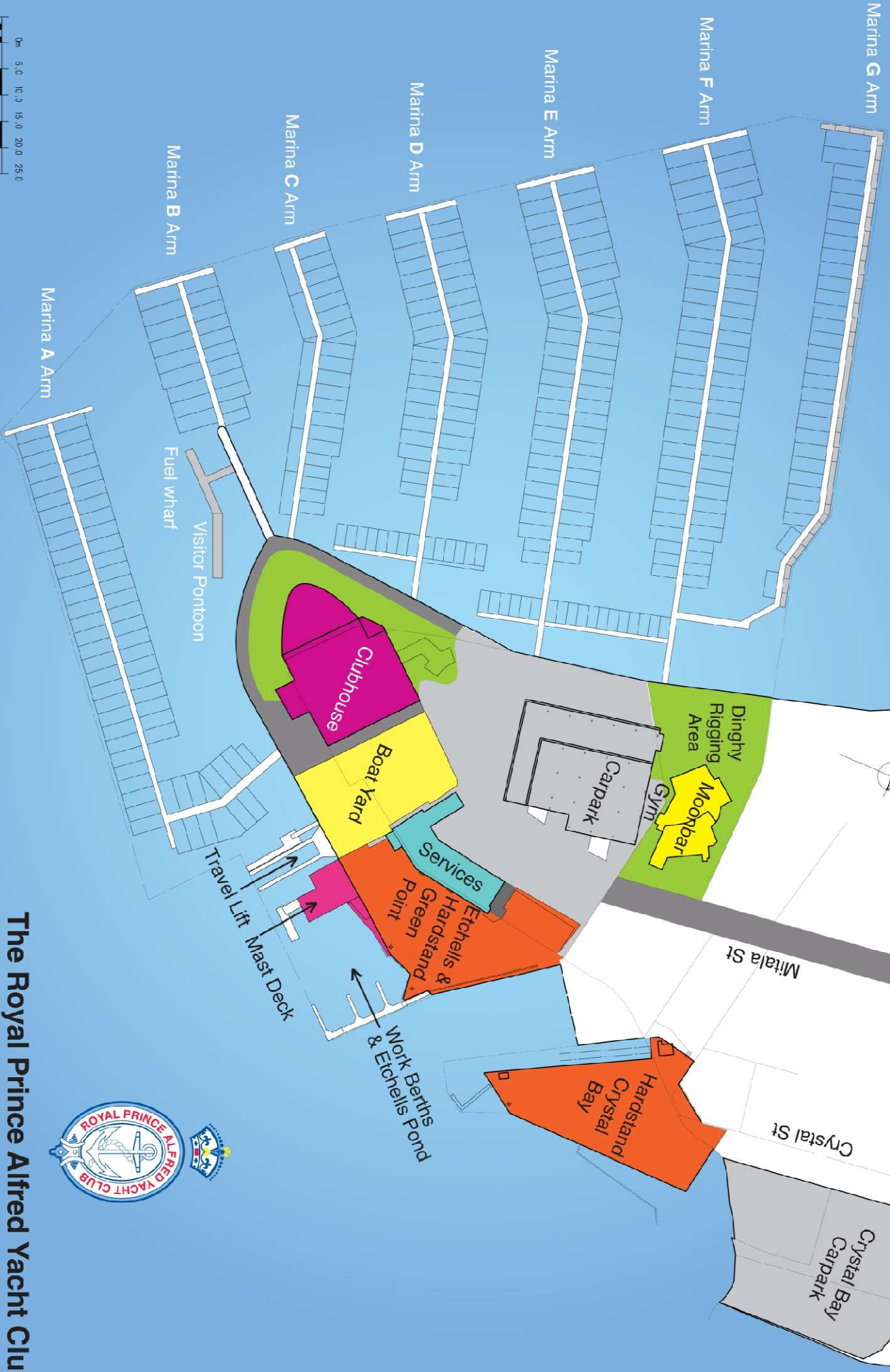
You are required to carry your slip at all times in and around the club area. An electronic Sign in book is located at reception when you first walk in the main entrance.

Notice, Amendments and Results

Notice, Amendments and Results will be published on the event website:

<http://www.rpayc.com.au/sailing/regattas>

Club Plan



The Royal Prince Alfred Yacht Club