

# Middle Harbour Yacht Club East Coast Championship 2011

## Incorporating the 2011 Optimist East Coast Championship

for Optimist Dinghy, 420, 470, 4.7 Laser

Saturday 11<sup>th</sup> & Sunday 12<sup>th</sup> June 2011



## Notice of Race

<http://www.mhyc.com.au/sailing-championships1.cfm>



### ORGANISING AUTHORITY

Middle Harbour Yacht Club  
Lower Parriwi Road, The Spit, Mosman 2088, Sydney  
T: 02 9969 1244 F: 02 9969 3326 E: [info@mhyc.com.au](mailto:info@mhyc.com.au)  
W: [www.mhyc.com.au](http://www.mhyc.com.au)

## **1.0 RULES**

- 1.1 This championship will be governed by the 'rules' as defined in The Racing Rules of Sailing 2009–2012 (RRS).
- 1.2 YA Special Regulations Part 2 (Off the Beach Boats) will apply to all entrants.
- 1.3 The current International Sailing Federation's (ISAF) Introductory Rules of Racing (Version 1.01 – February 2008) will be used for the Optimist Green Fleet.

## **2.0 ADVERTISING**

- 2.1 All Competitors may be required to display Event sponsor's name(s)/Logo(s) and bow numbers. If required, the organising authority will supply these items and they shall be fixed and/or worn as prescribed in the Sailing Instructions.
- 2.2 Advertising is permitted in accordance with ISAF Regulation 20

## **3.0 ELIGIBILITY AND ENTRIES**

- 3.1 Entries, together with the entry fee shall be lodged on the official Entry Form with the Organising Authority or the online entry form found on the event website.
- 3.2 Entries will close at 1700hrs 8 June 2011. Late entries may be accepted upon payment of an additional late fee of \$90 up until the close of registration at 10am 13<sup>th</sup> June 2011.
- 3.3 All participants must be a member of an affiliated State Yachting Authority of Yachting Australia.
- 3.4 The East Coast Championship is open to all eligible Optimist Class boats whose helms are financial members of a State or National International Optimist Dinghy Association (you may join the NSW Optimist Association at [this website - http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=5831](http://www.trybooking.com/Booking/BookingEventSummary.aspx?eid=5831)), all eligible International 420 Class boats whose helms and crews are financial members of their State or National International 420 Dinghy Association, all eligible International 470 Class boats whose helms and crews are financial members of their State or National International 470 Dinghy Association and 4.7 Laser whose helms are financial members of their state or national association.
- 3.5 Opti Type Dinghies will be eligible for Optimist Green Fleet. All green fleet sailors must also be financial members of a State or National International Optimist Dinghy Association (refer to 3.4 for link to NSW Association Membership)
- 3.6 Optimist competitors must be under the age of 16 years at 31 December 2011.
- 3.7 All competitors shall be members of a club affiliated with Yachting Australia or another National Authority.

**4.0 FEES****4.1 Race Entry Fees**

| <b>Boat</b> | <b>Entry Fee</b><br>(Received before<br>1700hrs 8/06/2011) | <b>Late Entry</b><br>(Received after<br>1700hrs 8/06/2011) |
|-------------|--|--|
| Optimist    | \$50   | \$90   |
| 420         | \$65   | \$90   |
| 470         | \$75   | \$90   |
| Laser 4.7   | \$50   | \$90   |

**4.2 Social Fees**

This information can be found in 5.1 and the entry form.

**5.0 SCHEDULE OF EVENTS**

| <b>Date</b>                          | <b>Hours</b>                                      | <b>Event</b>  |
|--------------------------------------|---|---|
| <b>Wednesday 6<sup>th</sup> June</b> | 1700hrs   | Close of Entries  |
| <b>Saturday 11<sup>th</sup> June</b> | 0830 – 1000hrs                                    | Registration at MHYC  |
|                                      | 1015hrs   | Competitors briefing  |
|                                      | 1130hrs   | First Warning Signal  |
|                                      | ASAP  | Back to back racing   |
|                                      | ***1430hrs  | Latest warning signal for Green fleet (pending weather)                         |
|                                      | 1530hrs   | No Warning Signal to sound after  |
|                                      | ***1600hrs  | Green fleet Sailing Simulator Lesson (pending weather)                          |
|                                      | 1700hrs or 45mins after last boat returns to club | Movie Night for competitors (Restaurant open for older competitors and Parents) |
| <b>Sunday 12<sup>th</sup> June</b>   | ***1000hrs  | Green fleet Sailing Simulator Lesson (pending weather)                          |
|                                      | 1000hrs   | First Warning Signal  |
|                                      | ASAP  | Back to Back racing   |
|                                      | ***1200hrs  | First warning signal for Green Fleet  |
|                                      | 1530hrs   | No Warning Signal to sound after  |
|                                      | After racing                                      | <b>Presentation</b>   |

## 5.1 Social Events

Movie Night: Middle Harbour Yacht Club will be hosting a Movie night for competitors on the Saturday (11<sup>th</sup> June). **This event will include dinner and popcorn and is included in the price of race entry.** Additional tickets may be purchased for \$10 using the payment sheet. 470 sailors will be offered a discount voucher for the restaurant instead of entry to movie night as part of their entry fee. The restaurant and bar will be open for parents until approximately 9pm.

Presentation: The presentation will be held on Sunday evening with a fixed price dinner. Dinner tickets will be available for purchase until 12pm on Sunday 12<sup>th</sup> June (Adult Meal - \$18, Child Meal -\$14). These meals will be solely PRE PAID ONLY, with the bar open till 9pm. **A Competitors meal IS NOT included in the price of race entry. There is no charge for only attending the presentation.**

## 6.0 MEASUREMENT

- 6.1 Competitors are allowed to use only one hull, daggerboard, rudder (with tiller and extension), mast, boom, (sprit for optimists) and one set of sails (mainsail and, jib and spinnaker) during the Championship.
- 6.2 All boats should hold a valid Measurement Certificates for hull and all equipment. Measurement checks and/or inspection of Measurement Certificates may be carried out during the event at the discretion of the Race Committee.

## 7.0 RACING AREA

- 7.1 The racing will be on the waters of Middle Harbour, Hunters Bay and the Sound of Sydney.

## 8.0 COURSES

- 8.1 Shall be as described in the Sailing Instructions.

## 9.0 SCORING SYSTEM

- 9.1 For Optimist, 420, 470 and Laser Open Fleets RRS Appendix A, Low Point Scoring System, will apply.
- 9.2 For Optimist Green Fleet, 'Smiling Faces, Finishing Races' point scoring system shall apply.
- 9.3 There will be a maximum of 10 races held for the Open Optimist fleet and a maximum of 6 races for Laser 4.7s, International 420s and International 470s. The number of drops will be detailed in the Sailing Instructions. Green fleet will not have a maximum numbers of races.

## 10.0 BUOYANCY

- 10.1 All competitors shall wear personal flotation devices (PFD) which are in good condition and are in accordance with the specifications issued or approved by a national authority affiliated to the International Sailing Federation, or a standards organisation, or certification authority, recognised for the purpose by its respective government. Attention is drawn to Fundamental Rule 1.

## **11.0 SUPPORT BOATS/COACHES**

- 11.1 All boats shall keep 100m clear of the course area during racing except when asked to assist by the Race Committee. No support/coach vessel shall place itself on or near lay lines.
- 11.2 Any interference by a coach or coach boat with the racing or event organisation may result in a penalty applied at the discretion of the Race Committee to the appropriate skipper.
- 11.3 Every class will be responsible for designating a minimum of 2 boats to act as rescue boats in the case of an emergency.
- 11.4 In addition to this all coach and spectator vessels will be required to sign in at the race office before 10am 11<sup>th</sup> June 2011 as well as carry a VHF radio. In the case of an emergency, these vessels may be called on to assist in the safe transportation of sailors and boats to the club.

## **12.0 RADIO COMMUNICATIONS**

- 12.1 A boat shall neither make radio transmissions whilst racing nor receive radio communications not available to all boats for the purpose of obtaining outside assistance. This requirement also applies to mobile telephone communications.

## **13.0 PRIZES**

- 13.1 Will be based on the number of entries received and may be awarded at the Presentation.

## **14.0 RIGHTS TO USE NAME AND LIKENESS**

- 14.1 In participating in this Event, a competitor automatically grants to the Organising Authorities and the sponsors of this Event, the right in perpetuity, to make, use and show, from time to time and at their discretion, any motion pictures, still pictures and live, taped or film television and other reproductions of him/her during the period of the competition for the said Event in which the competitor participates and in all material related to the said Event without compensation.

## **15.0 ENTRY DISCLAIMER**

- 15.1 It is the competitor's decision to enter the Event or to start and continue in any race. Competitors shall accept that their participation in the Event is at their exclusive risk in every respect. By way of entry in the Event competitors shall indemnify the Organising Authorities, and the Host Club, their Officers, Members, Staff and Agents in respect to all claims and demands of whatever nature which may be made upon them in connection with or howsoever arising from their participation or intended participation in the Event.

- 15.2 The Organising Authorities, and the Host Sailing Club, their Officers, Members, Staff and Agents accept no responsibility in respect of loss of life, personal injury or loss or damage to property which may be sustained by reason of their participation or intended participation in the Event or howsoever arising in connection with the Event.

15.3 **Competitors attention is drawn to RRS 4 – Decision to Race**

**16.0 INSURANCE**

- 16.1 All boats competing in the East Coast Championship shall have third party insurance cover of not less than AUD\$5,000,000 or equivalent thereof in any other currency for any accident.
- 16.2 All owners/competitors who sign the Entry Form are deemed to have made a declaration that they hold such cover.

**17.0 CHARTER BOATS**

- 17.1 Charter Optimists will be available from OziOpti.  
[stevenbond@theboatyard.com.au](mailto:stevenbond@theboatyard.com.au) or 03 9699 3444
- 17.2 Laser charters may be available through NB Laser Sales  
[rob@nbsailsports.com.au](mailto:rob@nbsailsports.com.au) or 02 4340 2223

**18.0 INFORMATION AND ENTRY ADDRESS**

- 18.1 For further information please contact:

**Meghan Andrew**  
**Middle Harbour Yacht Club**  
**Tel: 02 9969 1244**  
**Fax: 02 9969 3369**  
**Email: [juniorsailing@mhyc.com.au](mailto:juniorsailing@mhyc.com.au)**

- 18.2 Entries can be placed online at <http://www.mhyc.com.au/sailing-championships1.cfm> or posted to

**East Coast Championship**  
**C/- Middle Harbour Yacht Club**  
**PO Box 106**  
**Seaforth**  
**NSW 2092**

The online entry is the preferred method of entry for this regatta.

**18.3 Trailer Storage**

There will be no onsite trailer storage available. If trailer storage is unavailable at accommodation site then storage will be available at Quantum Sail Makers located in Brookvale, with prior arrangement only. To arrange contact Meghan Andrew on (02) 9969 1244 or email your request to [juniorsailing@mhyc.com.au](mailto:juniorsailing@mhyc.com.au)



# Entry Form

East Coast Championship 2011



East Coast Championship 2011  
Hosted by Middle Harbour Yacht Club

11<sup>th</sup> & 12<sup>th</sup> June 2011



Class to enter: Optimist ☐

Laser 4.7 ☐

470 ☐

420 ☐

Boat Name:.....Sail Number:.....

Registered Yacht Club:..... Skippers YA Membership No:.....

Skipper's Name:.....Male/Female

Crew's Name:..... Male/Female

Address:.....

.....Postcode:.....

Skippers Date of birth: ..... Age:.....

Crews Date of birth: ..... Age:.....

Mobile Phone Number:..... (Parent/Guardian)

Home Phone Number: ..... (Parent/Guardian)

Email:..... (Parent/Guardian)

Please tick the appropriate box(s)

☐ I would like race in the Open Division (Optimist, 420, 470, Laser 4.7)

☐ I would like to race in the Green Fleet (Optimist only)



**Risk Acknowledgment**

Sailing is a high risk sport and is affected by uncontrollable and difficult to predict elements of nature. Possible risks include;

- Injury caused by contact with the boat. Possible injuries are not limited to bruises, cuts and scratches.
- Reflective glare from water causes more rapid sunburn. Due to this, it is recommended that all competitors apply sunscreen before racing and reapply where necessary throughout the event. Hats and sunglasses are also recommended.
- There are many unseen risks in the yacht club and beach including oysters, sharp objects, nail or splinters and slippery surfaces. To reduce injury, it is a club requirement that all sailors are wearing enclosed shoes whilst in the clubhouse and its surroundings.
- When sailing dinghies with the inshore water, really serious injuries of the type that cause permanent disability or even death are very rare but do occur. As with all water sports, the possibility of drowning is also present. Competitor's attention is drawn to RRS 4.

Middle Harbour Yacht Club takes all of these risks seriously and has measures in place to reduce potential incidents. However not all the risks can be avoided and sometimes accidents happen. I acknowledge that this waiver covers activities conducted at Middle Harbour Yacht Club, referred to here as the Club. I understand that participating in any sailing event may involve strenuous activity and I declare that I am physically fit to participate in every aspect of these activities and that I am aware of and accept the risks of participating in this event. I hereby waive any claims that I may have against Middle Harbour Yacht Club or its officers and agents as a result of any action or omissions on their part in connection with any activity at any time at Middle Harbour Yacht Club.

**Media and Personal Information**

I understand that I or the minor whom I am responsible may be photographed while racing and I hereby give permission for the use of my name or the name of the minor to whom I am responsible to be used in all forms of media for the promotion of the club and event. I also hereby confirm that all the information provided by me herein is true and correct and if any information changes I will notify Middle Harbour Yacht Club at the earliest point foreseeable.

I agree to be bound by the racing Rules of the ISAF and all other rules that govern this event. I acknowledge that all those taking part in the races do so at their own risk and that none of the Organizing Authority, Middle Harbour Yacht Club, their officials or members are responsible for the seaworthiness of a yacht whose entry is accepted, or for the efficiency or adequacy of its equipment.

**Signatures**

**Skipper** \_\_\_\_\_ **Full Name** \_\_\_\_\_

**Crew** \_\_\_\_\_ **Full Name** \_\_\_\_\_

**Parent/ Guardian (if competitors are under 18 years)**

\_\_\_\_\_ **Full Name** \_\_\_\_\_

**Date** \_\_\_\_\_

**Reducing Risk**

You can help reduce risk to yourself by always following these guidelines:

- Always wear footwear while sailing and when on the Club premises;
- Always wear a life vest and adequate sun protection and carry drinking water while sailing;
- Always examine launching ramps before using them to see how slippery they are;
- Always check the weather forecast before going sailing. Always follow the directions of your Instructors.
- Do not run or skylark when around the Club, especially on the car park, marinas and on launching ramps;
- Beware of flapping sails;
- The Club is not responsible for supervising minors while ashore. This is the responsibility of their parents or delegated adult.

# Payment Form

Race Entry fee (as per NoR 4) \$ \_\_\_\_\_

## Additional:

Competitor On water Lunch Packs \$10 each Q \_\_\_\_ \$ \_\_\_\_\_

Dinner Vouchers (Sun) Q (A) \_\_\_\_ \$ \_\_\_\_\_

Adult: \$18 Child: \$14 Q (C) \_\_\_\_ \$ \_\_\_\_\_

Family Deal – 1 adult and 1 child (\$30) Q (F) \_\_\_\_ \$ \_\_\_\_\_

Additional Movie night tickets Q \_\_\_\_ \$ \_\_\_\_\_

\*\*Please note that competitors receive free Movie night ticket. This option is for non-sailing siblings. \$10 per child (includes dinner)

**TOTAL \$ \_\_\_\_\_**

To pay by Credit card please fill out the following (3% surcharge applies)

Credit Card Holder \_\_\_\_\_

Type of Credit Card \_\_\_\_\_ VISA \_\_\_\_\_ M/CARD \_\_\_\_\_ AMEX \_\_\_\_\_

Credit Card Number \_\_\_\_ / \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Expiry Date \_\_\_\_ / \_\_\_\_

Amount \$ \_\_\_\_\_

Card Holders Signature \_\_\_\_\_

**OR**

Please make cheques for entry payable to 'Middle Harbour Yacht Club' and post or Fax to:

**East Coast Championship**  
**C/- Middle Harbour Yacht Club**  
**PO Box 106**  
**Seaforth NSW 2092**

**Or Fax to: 02 9969 3326**

**Things you need to know.**

Middle Harbour Yacht Club is located at Lower Parriwi Road, Mosman. The entry is located at the traffic lights south of the Spit Bridge on Spit Road.

Parking is available at the Mosman Council Spit East and West Car parks. A discounted weekend permit is being organised with Mosman Council and details of this will be posted on the event website closer to the regatta.

Boats can be rigged on the grass areas located at the North and South sides of the Club as well as the Middle Harbour Yacht Club rigging deck and beach. The beach and grass area located north of the Middle Harbour Skiff Club may be used as an overflow rigging area. Each class will be allocated a rigging area and it is asked they remain within this area. All of these rigging areas are offered as overnight storage venue however they are stored at the risk of the owner. Middle Harbour takes no responsibility for damage or loss that may occur.

Food and Beverages are available at the club. The Sandbar will be open 8am - 1pm with the restaurant and bar open between 4pm – 9pm. With back-to-back races it is good for the kids to have food and drink between races. A muesli bar or two in a life jacket pocket and an extra drink bottle behind an air bag in the boat should do the job. A big breakfast will help as well as extra sunscreen. On water lunch packs are available for pre purchase and at registration. Lunch packs include a roll, chocolate bar/muesli bar, killer python and water/sports drink. **Lunch packs will not be available after the close of registration.**

Adult helpers for start boats, rescue and mark laying boats are always welcome, so pack a spray jacket and get out there. Your kids will love it! Contact Meghan Andrew at MHYC on 9960 1244 or [juniorsailing@mhyc.com.au](mailto:juniorsailing@mhyc.com.au) to advice of your availability. Volunteers will be provided with a lunch pack and afternoon snack.

Limited overnight marina space is available. Prior booking is essential. Contact Alister, the Marina Manager, on (02) 8969 3114.

A Green fleet with on water coaching and simulator lessons will be available to help new sailors achieve their goals.

A movie night will be held on Saturday night for all sailors in the Quarterdeck room. This is already included in the price of race entry and is a great opportunity for your child to make new sailing friends.

Stay tuned for information regarding a spectator boat. If you are interested in being on this boat, send your details to [juniorsailing@mhyc.com.au](mailto:juniorsailing@mhyc.com.au) with the subject heading ECC Spectator Boat.

**We look forward to seeing you in June at Middle Harbour Yacht Club**



## Accommodation

Manly is one of Sydney's most popular seaside destinations. Full of attractions and exciting activities including Manly Beach, Oceanworld, kayaking, swimming, tennis, golf, beach volleyball, roller blading, scenic and historical walks, art, parasailing, scuba diving, fishing, dining and so much more. Manly is the perfect destination for your next Sydney escape.

<http://www.manlyaustralia.com.au/>

### Accommodation Phone Book

#### Category Guide

A = Apartment

H = Hotel

G = Guesthouse

M = Motel

B = Backpackers/Budget Accommodation BB = Bed & Breakfast

#### [See also Northern Beaches Accommodation](#)

| Name                    | Address                                    | Phone                                | Category |
|-------------------------|--|--------------------------------------|----------|
| 101 Addison Road        | 101 Addison Rd,<br>Manly                   | 9977 6216                            | BB       |
| Astra Backpackers       | 68 Pittwater Rd,<br>Manly                  | 9977 2092                            | B        |
| Board Rider Backpackers | Rear 63, The<br>Corso, Manly               | 9977 6077                            | B        |
| Cecil Street Guest B&B  | 18 Cecil Street,<br>Fairlight              | 9977 8036<br>Mob:<br>0415 359<br>388 | BB       |
| Grande Esplanade        | Cnr Belgrave &<br>West Esplanade,<br>Manly | 9976 4600                            | A        |
| Harbord Beach Hotel     | 29 Moore Road,<br>Harbord                  | 9905 3434                            | H        |
| Jacaranda B&B           | 13 Brighton<br>Street, Balgowlah           | 9948 7948<br>Mob:<br>0412 709<br>420 | BB       |
| Ivanhoe House           | 10 Birkley Rd,<br>Manly                    | 9977 6474                            | BB       |

|                                      |   |                 |      |
|--------------------------------------|---|-----------------|------|
| LillyPilly Cottage                   | 72 Woodland St,<br>Balgowlah                      | 9949 7090       | BB   |
| Manly Backpackers<br>Beachside       | 28 Raglan Street,<br>Manly                        | 9977 3411       | B    |
| Manly Beachhouse B&B                 | Queenscliff                                       | 9905 4832       | BB   |
| Manly Bungalow                       | 64 Pittwater<br>Road, Manly                       | 9977 5494       | B    |
| Manly Bunkhouse                      | 35 Pine Street,<br>Manly                          | 1800 657<br>122 | B    |
| Manly Cottage Inn                    | 25 Pittwater<br>Road, Manly                       | 9976 0297       | B    |
| Manly Cove Guesthouse                | 51 Wood St,<br>Manly                              | 9977 0759       | B    |
| Manly Guesthouse                     | 6 Steinton St,<br>Manly                           | 9977 0884       | B    |
| Manly Harbour Loft B&B               | 12 George St,<br>Manly                            | 9949 8487       | BB   |
| Manly Lodge                          | 22 Victoria Pde,<br>Manly                         | 9977 8655       | G, B |
| Manly National                       | 22 Central Ave,<br>Manly                          | 9977 6469       | A    |
| Manly Pacific Sydney                 | 55 North Steyne,<br>Manly                         | 9977 7666       | H    |
| Manly Paradise Motel &<br>Apartments | 54 North Steyne,<br>Manly                         | 9977 5799       | A, M |
| Periwinkle                           | Cnr East<br>Esplanade &<br>Ashburner St,<br>Manly | 9977 4668       | G    |
| Quinton House                        | 29 Quinton Rd,<br>Manly                           | 9977 3607       | BB   |
| Sebel Manly Beach                    | 8-13 South<br>Steyne, Manly                       | 9977 8866       | H    |
| The Wharf Backpackers                | 48 East<br>Esplanade, Manly                       | 9977 2800       | B    |
| Travelodge Manly<br>Warringah        | 11 Victor Rd,<br>Brookvale                        | 8978 1200       | M    |

## Category Guide

A = Apartment

H = Hotel

G = Guesthouse

M = Motel

B = Backpackers/Budget Accommodation BB = Bed & Brekfast

Additional Accommodation Options: South of Middle Harbour Yacht Club

[Park Regis Concierge Apartments](#) - Cremorne

Park Regis Concierge Apartments is located amidst the prestigious yet relaxed village atmosphere of Cremorne – just a few minutes drive north of Sydney's city centre.

[Glenferrie Lodge North Sydney](#) - Kirribilli

Glenferrie Lodge provides superb 3.0 Star affordable accommodation on one of the best harbour locations in Sydney.

[Vibe Hotel North Sydney](#) - Milsons Point

Vibe Hotel North Sydney is superbly located just a few minutes walk from Luna Park, North Sydney's central business district, fine restaurants, entertainment and bars.

[Medina Classic Crows Nest](#) - Crows Nest

Medina Classic Crows Nest is located in the midst of one of Sydney's best restaurant strips.