

## What race gear should I bring to Dun Laoghaire?

Sean Craig



We've had a few questions from sailors about the weather they can expect and consequently what sort of gear they should pack. Hopefully some of the weather questions will have been answered by Rory's piece above. Regards clothing choices local radial master ace **Sean Craig** kindly agreed to talk us through his wardrobe.

"Gear-wise, I'll wear my mid-range stuff. The water in September, when the World's are on, is at it's warmest at 14 degrees, a warm bath for us Irish, so I won't need my thicker 2.5mm [Lennon Racewear](#) neoprene top and I'll be in their 1.5mm version.

These will go over over my [Lennon Dry System Thermalite Longjohn](#) and one good base layer top. I'll add my [Rooster](#) neck gaiter to stay cosy. For my sadly balding head I'll tuck a beanie hat in behind my life jacket in case the old baseball cap isn't up to the job!

**My advice for visitors is** to bring kit for mild, mid-range conditions with an average air temp around 14-17 degrees, but with extra, warmer stuff just in case we get the odd stinker of a day! Obviously it will also depend on what part of the world you're coming from! And sunglasses? Well as the Irish fella said '...tis better to be looking at them than for them'."