

**2022 - 2023
NSW & ACT COAST CHAMPIONSHIPS
For LASER, LASER RADIAL AND LASER 4.7**

15th and 16th October 2022

South Lake Macquarie Amateur Sailing Club

The Organising Authority is the NSW & ACT District Laser Association in association with
South Lake Macquarie Amateur Sailing Club



SAILING INSTRUCTIONS

1. RULES

The Regatta will be governed by:

- a. The Racing Rules of Sailing;
- b. The Prescriptions of Australian Sailing;
- c. Part 2 of the Special Regulations of Australian Sailing; and
- d. The rules and by-laws of the International Laser Class Association (ILCA).

2. ELIGIBILITY AND ENTRY

- 2.1 Entries shall be lodged in accordance with NoR Clause 3.
- 2.2 All competitors shall complete registration with the Organising Authority.
- 2.3 All competitors shall be current financial members of a district of the ILCA and of a yacht or sailing club affiliated with a National Authority.

2.4 Eligibility for youth age groups shall be the age on 31st December 2023. Eligibility for all other age groups shall be the age on 15th October 2022.

3. NOTICES TO COMPETITORS

Notices to Competitors will be posted on the official Regatta Notice Board located upstairs in the South Lake Macquarie Amateur Sailing Club (SLMASC) clubhouse.

4. CHANGES IN SAILING INSTRUCTIONS

Any change to the Sailing Instructions will be posted at least two hours before the first race on the day it will take effect, except that any change in the schedule of races will be posted by 1900 on the day before it will take effect.

5. SIGNALS MADE ASHORE

5.1 Signals made ashore will be displayed at the SLMASC flag mast the flag mast located on the north corner of the SLMASC clubhouse.

5.2 When flag AP is displayed ashore, "one minute" is replaced with "not less than 30 minutes" in race signal AP.

6. RACING SCHEDULE

6.1 The racing schedule follows:

Event	Day	Date	Time
Briefing	Saturday	15 Oct 22	1130 hours
Racing	Saturday	15 Oct 22	First Warning Signal at 1330 hours. Subsequent starts shall be made ASAP after the preceding race
Racing	Sunday	16 Oct 22	First Warning Signal at 1100 hours. Subsequent starts shall be made ASAP after the preceding race

6.2 A maximum of six races are to be conducted for the Championship.

6.3 No Warning Signal shall be made after 1530 hours Sunday 16 October 2022.

7. FLEETS

7.1. The ILCA 7 division shall sail as one fleet.

7.2. The ILCA 6 division shall sail as one fleet.

7.3. The ILCA 4 division shall sail as one fleet.

7.4. The Race Committee may decide to change the fleet structures based on numbers. Any decision of the Race Committee regarding changes to divisions shall be communicated as a Notice to Competitors.

8. FLEET FLAGS

8.1. The ILCA 7 flag will be a white flag with a Laser/ILCA emblem.

8.2. The ILCA 6 flag will be a green flag with a Laser/ILCA emblem.

8.3. The ILCA 4 flag will be a yellow flag with a 4.7/ILCA emblem.

9. RACING AREA

The racing area will be the waters of South Lake Macquarie in the vicinity of SLMASC.

10. AREAS THAT ARE OBSTRUCTIONS

While racing, the area between any registered moorings and the adjacent shoreline shall be considered PROHIBITED WATER, and therefore an obstruction.

11. COURSES

See Attachment A.

12. MARKS

- 12.1. Marks 1, 4 and 5 will be large yellow cylindrical buoys with blue stripe.
- 12.2. Marks 2 and 3 will be red cylinders.
- 12.3. Mark 1A will be a white inflatable buoy.
- 12.4. The Start Mark will be a danbuoy with an orange flag.
- 12.5. The Finish Mark will be a blue inflatable cylinder.

13. THE START

- 13.1. The order of starts for Race 1 will be the Laser 4.7 division (if sailing as a separate division as per Instruction 7.3), followed by the Laser Radial division, and followed by the Laser Standard division. This may be amended for subsequent races by the Race Officer.
- 13.2. Succeeding fleets may be started any time after the preceding fleet.
- 13.3. The starting line will be between the flag mast displaying an orange flag on the race committee boat at the starboard end and the port end Start Mark.
- 13.4. Boats who's Warning Signal has not been made shall avoid the starting area and all boats who's Warning Signal has been made.
- 13.5. A boat starting later than four minutes after her starting signal will be scored "Did Not Start". This amends rule A4.1.
- 13.6. Use of engines by a race committee boat to hold position shall not be an improper action of the race committee. Any effects will not be grounds for granting redress. This alters Rule 60.1(b) and 62.

14. CHANGE THE NEXT LEG OF THE COURSE

- 14.1. To change the next leg of the course the Race Committee shall move the original mark (or move the Finish Line) to the new position

15. FINISH

The finishing line will be between a flag mast displaying an orange flag on the race committee boat at the port end and the starboard end Finish Mark.

16. RETIREMENT

- 16.1. A competitor who retires from a race, either before or after finishing, shall:
 - a. notify the Race Committee aboard the race committee boat; and
 - b. sign off before the end of Protest Time.

17. TIME LIMIT

- 17.1. The time limit for the first boat to complete the course and finish correctly in each fleet will be 90 minutes.
- 17.2. Boats failing to finish within 20 minutes after the first boat of the same fleet sails the course and finishes will be scored Did Not Finish without a hearing. This changes Rules 35, A4 and A5.
- 17.3. If no boat has rounded the first mark within 30 minutes from the start the race will be abandoned.

18. ARBITRATION

RRS Appendix T shall apply.

19. PROTESTS AND REQUEST FOR REDRESS

- 19.1. Protests shall be written on forms available from the race office. Protests shall be delivered there within the protest time limit.
- 19.2. The protest time limit is 60 minutes after the last boat has finished the last race of the day.
- 19.3. Notices will be posted within 15 minutes of the protest time limit to inform competitors of the hearings in which they are parties or named as witnesses. Hearings will be held in the protest room located in the clubhouse. The Protest Committee will hear protests in approximately the order of receipt and as soon as possible.
- 19.4. Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under Rule 61.1(b).
- 19.5. For the purpose of Rule 64.3(b) the 'authority responsible' is the measurer appointed by the Organising Authority.
- 19.6. Breaches of Instructions 21, 23, 24 and 25 will not be grounds for a protest by a boat. This changes Rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides.
- 19.7. Rule 66 is amended by adding this sentence: On the last day of racing, a party to the hearing may ask for a reopening no later than 30 minutes after being informed of the decision.
- 19.8. On the last scheduled day of racing a request for redress based on a Protest Committee decision shall be delivered not later than 30 minutes after the decision was posted. This changes Rule 62.2.

20. SCORING

- 20.1. Six races are scheduled, of which three completed races are required to constitute a series.
- 20.2. When four or more races are completed, the worst will be discarded.
- 20.3. All age and gender divisions will be awarded based on the ranking of competitors in the overall results.

21. SAFETY REGULATION, SIGNING ON AND SIGNING OFF

- 21.1. Competitors shall sign on each day and sign off before the end of protest time.
- 21.2. Sign on and off will be online via URL <https://tinyurl.com/lasersignonoff>. This can be access by clicking the link or scanning the Quick Response (QR) Code below.
- 21.3. Competitors can use a PC provided for the purpose at the sailing office at SLMASC to access the sign on/off link.



Figure 1 - QR Code Sign On / Off

- 21.4. Boats failing to comply with Instruction 20.1 shall receive a five point penalty (but no boat is to be scored worse than DSQ) in the race held closest to the indiscretion without a hearing. This changes Appendix A4.2.

22. REPLACEMENT OF EQUIPMENT

Substitution of damaged or lost spars, boards, sail, or hull will not be permitted unless approved by the Race Committee. Requests for substitution shall be made in writing to the committee at the first reasonable opportunity.

23. EQUIPMENT AND MEASUREMENT CHECKS

A boat or equipment may be inspected at any time for compliance with the ILCA Class Rules and Australian Sailing Special Regulations, Part 2 Off the Beach Boats.

24. SUPPORT BOATS

Team leaders, coaches and other support personnel shall stay 100 metres outside areas where boats are racing from the time of the preparatory signal until all boats have finished or retired or the Race Committee signals a postponement, general recall, or abandonment, unless exception is granted by express authority from the Race Committee.

25. RUBBISH DISPOSAL

No rubbish is to be dumped into the water. All rubbish is to be handed to official boats or taken ashore.

26. RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones.

27. PRIZES

27.1. Prizes will be awarded to the winners of each Division.

27.2. Other prizes may also be awarded at the discretion of the Organising Authority.

28. DISCLAIMER OF LIABILITY

Competitors participate in the regatta entirely at their own risk, See RRS Rule 3, decision to race. The Organising Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta. Attention is drawn to Clause 15 of the Notice of Race.

29. INSURANCE

Each participating boat shall be insured with a valid third party liability insurance with a minimum cover of AUS \$10,000,000. Signing the entry and declaration form confirms currency of this insurance.

Attachment A to
2022-2023
NSW and ACT Coast Championship Sailing Instructions

INSTRUCTION 11 COURSES

10.1 The Course Designator (as described in Table 1 below) shall be displayed on a board on the stern of the start boat, before or with the Warning Signal.

Course Designator	Course Description
I2	Start - 1 - 1A - 4 - 1 - 2 - 3 - 5 - Finish
I3	Start - 1 - 1A - 4 - 1 - 1A - 4 - 1 - 2 - 3 - 5 - Finish
O1	Start - 1 - 2 - 3 - 5 - Finish
O2	Start - 1 - 2 - 3 - 2 - 3 - 5 - Finish
O3	Start - 1 - 2 - 3 - 2 - 3 - 2 - 3 - 5 - Finish

Table 1 – Course Designators and Course Descriptions

10.2 A red flag displayed before or with the Warning Signal indicates that all marks shall be rounded to port. A green flag displayed before or with the Warning Signal indicates that all marks shall be rounded to starboard.

10.3 The indicative course layout is shown in Illustration 1. The diagram is approximate only, is not to scale, and does not override any other Instructions. The port rounding layout is shown. The starboard rounding course will be the mirror image, except the Start and Finish lines shall remain in the same position as displayed in this diagram.

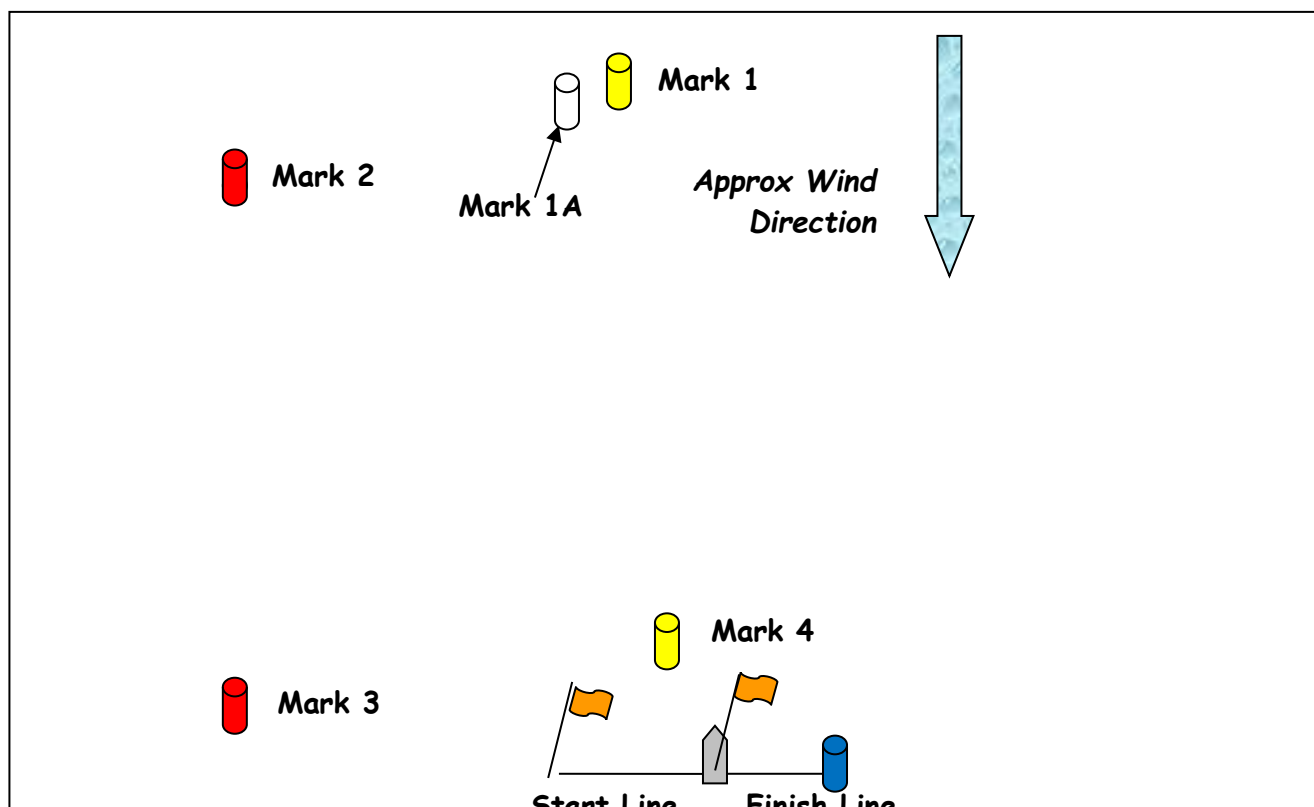


Illustration 1. Indicative Course Layout