

PSA Laser Training @ H2O Sports Academy Australia with World Class Coaches

The H2O Sports Academy Australia is a new and unparalleled training centre based within the NSW Sport and Recreation Centre at Point Wolstoncroft on Lake Macquarie in NSW. Run by a team of Olympic sailors and windsurfers with the shared aim of inspiring and motivating others whilst sharing their knowledge and skills.

PSA Laser Training will be held at H2O on the following dates with ISAF World #1 Tom Burton,
Ash Brunning and Australian Sailing Team Laser Radial Coach at the London 2012
Olympics Laura Baldwin-Caldecoat

31 Jan-01 Feb 2015 - Pre-NSW State Master's Championship Training

31 Jan-01 Feb 2015 - Laser 4.7 and Radial Youth Training

07-08 Feb 2015 - NSW State Laser Championship Coaching at SLMASC

07-08 Feb 2015 - NSW State Masters Laser Champs - Coaching

14-15 Feb 2015 - Laser 4.7 and Radial Youth Training

28-01 March 2015 - Ladies Laser Training in 4.7 and Radial

14-15 March 2015 - Open Laser Training

21-22 March 2015 - Open Laser Training

Charter boats are available or BYO.

Onsite self-catered or catered accommodation for all the family in March. There's a playground, beach volley ball, trekking, biking and paddling to keep your family entertained whilst you attend the Laser Training.

\$200 per sailor per weekend (2 days 10am-4pm Saturday and 10-3pm Sunday)